



THE UNIVERSITY
of ADELAIDE

150 YEARS

Mental health and wellbeing

Mental health professionals help people understand their emotions and behaviours and manage their lives in constructive ways.



GROUP
OF EIGHT
AUSTRALIA

make
history.

92

Ranked #92 globally for Life Sciences and Medicine*



Strong employment growth predicted (16% by 2026)^



Ranked top-125 globally for Psychology†



Make a meaningful difference

With around 1 in 5 people experiencing challenges with their mental health, the focus on mental health and wellbeing has never been more important.

If you'd like to make a real difference to the health and wellbeing of individuals and populations, now is the time—and our degrees, majors and specialisations will provide the tools.

Give yourself multiple career options

Our mental health- and wellbeing-related degrees can get you started on countless rewarding career paths.

You might work in mental health planning, administration or research. You could play an important role in community wellbeing services. Or perhaps you'll turn your hand to market research or health communication and community engagement.

And if you complete one of our masters-level psychology programs, you can become a practising clinical, health or organisational psychologist.

Career prospects

Employment growth for the majority of mental health- and wellbeing-related roles range from strong to very strong*.

* QS World University Rankings by Subject, 2023.

^ Australian Government, Labour Market Insights, 2023.

† Times Higher Education World Rankings by Subject, 2024.

Degrees

Undergraduate

- Bachelor of Health and Medical Sciences
- Bachelor of Health and Medical Sciences (Advanced)
- Bachelor of Psychological Science
- Bachelor of Psychology (Advanced)(Honours)
- Bachelor of Sociology

Postgraduate coursework

- Master of Counselling and Psychotherapy
- Master of Psychology (Clinical)
- Master of Psychology (Health)
- Master of Psychology (Organisational and Human Factors)
- Master of Science in Addiction Studies

Further enquiries

The University of Adelaide SA 5005 Australia

enquiries future.ask.adelaide.edu.au

phone +61 8 8313 7335

web adelaide.edu.au

facebook facebook.com/uniofadelaide

snapchat snapchat.com/add/uniofadelaide

instagram instagram.com/uniofadelaide

wechat UniversityOfAdelaide

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